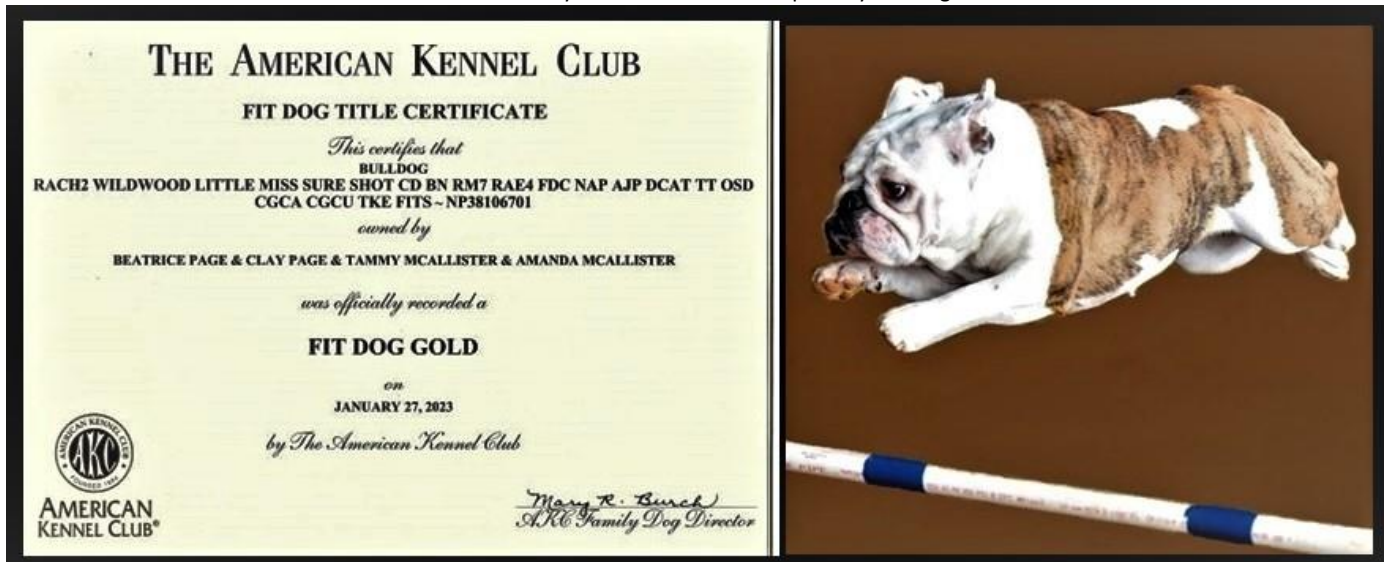


# FITNESS TITLES

Titles issued by AKC & DMWYD - Compiled by Bea Page



## AKC TITLES

In August of 2018, AKC announced a Fitness incentive program that awarded a magnet to those who walked a designated number of minutes per week for three months and kept a log. Walking is considered a safe activity that can improve muscular strength, circulation, memory & weight loss, as well as increase energy, help with sleep, and reduce stress (for both people & dogs).

In May of 2022 AKC announced it would launch a new Fitness titling program and start issuing 3 levels of titles (Bronze, Silver & Gold) in January of 2023. Go here for info: <https://www.akc.org/sports/akc-family-dog-program/akc-fit-dog/akc-fit-dog-titles/>

Chester's It's Not Easy Being Cheesy RN FCAT SWN SCA SIA SEA THD RATN DN CGCU TKI ATT FITB  
FIT Dog Bronze: 27-Oct-23  
Elizabeth Burke/Brooke Adams

GCH CH Colorado's Pretty Fly For A White Guy CGCA CGCU FITS  
FIT Dog Bronze: 5-May-23 FIT Dog Silver: 11-Jul-23  
Sara French/Landon Richards/Stacie Richards/Dave French

D And D's Spells, Hexes And Potion CGC TKN VHMP FITS  
FIT Dog Bronze: 26-Aug-24 FIT Dog Silver: 31-Oct-24  
Lori Korchok

CH Dinel's Clyde BN RA THD CGCA TKA ATT FITS  
FIT Dog Bronze: 14-Sep-23 FIT Dog Silver: 29-May-24  
Mrs. Jody Lynn Grunfeld

GCH CH Emac's Jolly Little Gem Of The Sea TKI ATT VSWB FITS  
FIT Dog Bronze: 6-Nov-23 FIT Dog Silver: 8-Feb-24  
Elizabeth MacArthur

CH Emac's Mighty Man-O-Man-O-War TKN FITB  
FIT Dog Bronze: 14-Feb-24  
Elizabeth MacArthur

Georgia Grace II BN RN FDC FCAT3 THD CGCA CGCU TKI ATT FITG  
FIT Dog Bronze: 30-Jan-23 FIT Dog Silver: 30-Jan-23 FIT Dog Gold: 30-Jan-23  
Kelly Rosson

CH Guinns Visconti Twisted Sister FITS  
FIT Dog Bronze: 22-Jan-24 FIT Dog Silver: 8-Feb-24  
Mrs. Maria D Visconti/Mrs. Jennifer Guinn  
Hulk Smash Mania Lilac Tri Merle CGC TKN FITB  
FIT Dog Bronze: 29-Apr-24  
LaNecia Thomas

GCH CH Hummerbulls Fireball CGC TKN FITB  
FIT Dog Bronze: 17-May-24  
Crystal Bennett

Iroc Hit Girl BN RA FDC AX OAJ OF CA FCAT3 SWEE SWM SCME SBME SHDEE SHDM CGCA TKE FITG FTN  
FIT Dog Bronze: 9-Jan-23 FIT Dog Silver: 12-Jan-23 FIT Dog Gold: 12-Jan-23  
April Paulman

Johnson Ivyside Two Scoops Vanilly CGC TKN FITB  
FIT Dog Bronze: 17-May-24  
Wednesday Raymond/Linda D Johnson/Benny & Melissa Raymond

Rocky Mountains Sir Knuckles Mcgerk RI CGCA CGCU TKA VSWE FITG  
FIT Dog Bronze: 11-Jul-23 FIT Dog Silver: 20-Sep-23 FIT Dog Gold: 20-Oct-23  
Mark & Cyndie Loseke

Rosie The English Bulldog RN CGC TKE VHMA VSWE FITG  
FIT Dog Bronze: 5-Jan-23 FIT Dog Silver: 2-Oct-23 FIT Dog Gold: 2-Oct-23  
Katy Sternberger

Siam Phantom Of The Opera CGCA TKI FITS  
FIT Dog Bronze: 8-Feb-23 FIT Dog Silver: 20-Mar-23  
Tiew & Ronald Honig

Sir Brigante Beach BCAT DNA CGCA TKI ATT FITB  
FIT Dog Bronze: 22-Dec-23  
Dr. Crystal Beach

Sittingbullies Castellana Dreamin' Of The Beach CGC TKI ATT FITB  
FIT Dog Bronze: 29-Dec-23  
Dr. Crystal Beach/Cheryl A Knapp

GCHB CH Sureshot Harmonix Dancing In the Shadows RI FDC BCAT SWAE SCE SBE SHDN  
THD RATN CGCA CGCU TKI ATT VHMP FITS  
FIT Dog Bronze: 21-Jun-24 FIT Dog Silver: 13-Dec-24  
Ashley & Adam Miller

CH Vaughan's Cruz CGCA TKI ATT VHMA FITS  
FIT Dog Bronze: 11-Jan-24 FIT Dog Silver: 27-Feb-24  
Polly Welch/Jackie Vaughan

RACH2 Wildwood Little Miss Sure Shot CD BN RM7 RAE4 FDC NAP AJP DCAT TT RATN OSD CGCA CGCU TKE FITG  
FIT Dog Bronze: 19-Jan-23 FIT Dog Silver: 20-Jan-23 FIT Dog Gold: 27-Jan-23  
Beatrice & Clay Page/Tammy & Amanda McAllister

CH Winehaus One too Many Billyo FDC DCAT SWAE SCM SEE SBE SHDE CGCU TKI ATT FITS  
FIT Dog Bronze: 10-Aug-23 FIT Dog Silver: 10-Aug-23  
Audrey Muhlenkamp

CH Winehaus's How Merlot Can You Go? FDC FCAT SWE SCME SBEE SIAE SEM SBM SHDM CGCA CGCU TKI ATT FITG  
FIT Dog Bronze: 1-Mar-23 FIT Dog Silver: 3-Mar-23 FIT Dog Gold: 9-Mar-23  
Audrey Muhlenkamp

## **DO MORE WITH YOUR DOG**

### **Regular Titles**

Canine Conditioning Fitness (CCF) titles: There are 4 levels, which must be earned consecutively. To be awarded these titles, you & your dog must complete the exercises on the CCF Fitness checklist for each level, and have them witnessed by a Canine Conditioning Fitness Coach (CCFC), either in person or via video submission. After a CCFC evaluates you & your dog as having met the requirements, apply to DMWTD for the title.

### **Specialty Titles**

Complete the requirements, show proof to a CCFC & apply

**2K-9:** Run or speed-walk 2 kilometers (1.24 miles) with your dog. That is 5 laps around a track.

**Bunny Run:** The Easter Bunny Run is a 3k run/walk with your dog. Launched in 2023. Can be earned each year by completing the 3k Run/Walk anytime during the months of March or April (to coincide with Easter).

Go Here for info: [https://domorewithyourdog.com/DogTricks/list-of-all-titles/?wdt\\_column\\_filter\[sport\]=Fitness](https://domorewithyourdog.com/DogTricks/list-of-all-titles/?wdt_column_filter[sport]=Fitness)



TDCH Fleur: 2K9 Titleist

Knuckles: 2K9 Titleist

## **DMWYD TITLED DOGS**

### **Canine Conditioning Fitness (CCF) Titleholders**

Samson (Samson NTD CCF2) owned by Lisa A Meadows CCF1 – 12/1/22 CCF2 – 1/6/23

Po (Po Panda NTD CCF2) owned by Lisa Pellerito CCF1 – 2/11/21 CCF2 – 2/15/21

### **2-K9 Ruff Run (2K9) Titleholders**

Louie (HpnotiQ's Cant Keep Me Down NTD 2K9) 1/15/23 owned by Meaghen Bobryk

Socrate (Mr. Socrate NTD 2K9) 1/4/22 owned by Catherine Jasmin

Remmi (Lady Remington of the Snorts SOR NTD 2K9) 8/18/21 owned by Suzy Frigo ATDI

Knuckles (Rocky Mountains Sir Knuckles McGerk RI CGCA CGCU ATD AtoZ 2K9) 5/24/21 owned by Mark & Cyndie Loseke

Fleur (TDCH Bulldacious Lady Paradox 2K9) 5/7/21 owned by Patricia Roy

### **Bunny Run (BR3K-24) Titleholders**

Louie (HpnotiQ's Cant Keep Me Down NTD-M NTD BTC48 BR3K-24 2K9-23) 3/15/24 owned by Meaghen Bobryk

Maple (Renegade's Royal Red Maple BR3K-24) 3/13/24 owned by Jaclyn Pacheco